

MONTHLY BOARD MEETING MINUTES

July 25, 2016

Mental Health Board

Members in Attendance

Bartley, David
Bond, Yvonne
Dickinson, Will
Stanners, Sharon
Thickens, Theresa

Staff and Guests

Cecchetti, Paul	Horne, Michael
Allinger, Tony	Low, Miranda
Bauman, Maureen	McLennan, Geoff
Behrens, Sharon	Osborne, Marie
Ellis, Amy	Roberts, Kathy
Filla, Stacci	Wierenga, Dianne
Gilbert, Lee	

Absent Members

Holmes, Jim
Cataldo, Lisa

Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – *Read into the minutes*

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speaker: Amy Ellis, Program Manager, Adult System of Care (ASOC) -- *Presenting on the Drug Medi-Cal Organized Delivery System (1115 Waiver)*

- Ms. Ellis shared a PowerPoint presentation on the Drug Medi-Cal Organized Delivery System (ODS) – hard copy provided.
- The 1115 Waiver started on August 13, 2015. It is a five and a half year pilot project with the goal to help our substance use delivery system be more organized and have superior outcomes. This is a voluntary opt in program for all counties.
- There are key elements to the 1115 Waiver, which includes using the American Society of Addiction Medicine (ASAM) criteria for client placement and transition to the appropriate level of care, a coordinated rehabilitation model, emphasis on medication assisted treatment, reimbursement for residential treatment, case management, and recovery services. Other key elements include coordination with Managed Care to ensure integrated care, access and authorization, culturally competent evidenced-based practices and selective provider contracting.
- Dr. David Mee-Lee is renowned in the substance use field and was influential in the structure of the waiver. Dr. Mee-Lee had a presentation for Placer County and ASOC invited a variety of providers and stakeholders, so everyone would have the same approach and language.

- There is more emphasis on counties providing oversight, accountability and tracking of the beneficiaries. We will be required to insure there is access to care and have an authorization process, as well as using evidenced-based practices.
- A bio-psycho assessment to determine medical necessity for treatment and level of care can be performed by other types of licensed professionals of the healing arts. These professionals are required to have a face-to-face with the patient - this is an increase in the standard.
- Determining the viability of this plan, due to the required tracking, documentation, data and audits, etc.
- The Children's System of Care has been involved throughout this process.
- We will be working and monitoring throughout the system to make sure it is being implemented as envisioned.
- Outcome goals are to improve substance use services, reduce emergency/hospital inpatient visits, increase program oversight and integrity, increase timeliness and availability of the appropriate level of care and placing clients in the least restrictive level of care.
- Proposing various ways to gain access to substance use services throughout the county, including probation, the community, shelters, doctors and providers.
- Currently seeking feedback from all stakeholders; the plan has been posted on the website for review. The hope is to get approval early next year and full implementation mid to end of next year.

Secretary/Treasurer's Report

- Approval of the June 27, 2016 Regular Board Meeting Minutes.
Yvonne Bond made a motion to approve the minutes as distributed, Will Dickinson seconded. Motion carried.
- **Approval of Treasurer's Report** - \$1,500 - Amount budgeted for Fiscal Year 2015-16.
 1. Expenditures for the month of *June* totaled: \$69.63, includes purchase of food - \$52.98 and certificate frame - \$16.65, leaving a balance of \$153.11.
 2. \$1,500 – Amount budgeted for Fiscal Year 2016-17**Will Dickinson made a motion to approve the Treasurer's Report as read, Sharon Stanners seconded. Motion carried.**

Standing Committee Reports

- ❖ **Executive Committee** – Theresa Thickens
 - No action taken.
- ❖ **Alcohol and Drug (AOD) Committee** – Sharon Stanners
 - Three committee members attended Dr. Mee-Lee's presentation and found the presentation very impressive.
 - Reviewed the committee's draft goals; identified the two main goals: 1) 1115 Waiver; and 2) advocating and making the committee more visible, agreeing to one outreach per month.
- ❖ **Children's Committee** – Will Dickinson
 - Twylla Abrahamson shared a flow chart, showing how calls are handled.
 - Requested Janna Jones email the documentation to members.
 - Discussed the Continuum of Care Reform (deadline is January 1st, 2016) and provided an overview of all the components.
 - The public shelters must close, unless they keep kids for less than ten days at a time.
 - Placer County currently has family homes available for children under the age of five.
 - One option to resolve the closure of the shelter would be to expand the family homes to children ages six to 18.
 - An additional option would be to utilize the six-bed group homes.
 - Discussed the various levels of care, such as short-term residential therapeutic program or therapeutic foster homes.
 - Resource Family Approvals (RFA) requires foster families to have higher levels of training and education. Many of the foster families are family members who don't have this type of training. In order to be reimbursed, families need to complete the training which takes 100 days - this is a potential problem.
 - The committee is changing its meeting time from 4:00 pm to 5:00 pm on the same day.
- ❖ **Adult Services Committee** – Yvonne Bond
 - Committee members visited with the housing program supervisors who talked about the difficulties of not having enough housing.
 - Committee members felt it was an enlightening experience and were impressed with their ability to place people in spite of limited housing.

- One goal is to find out what their action plan is to find more affordable housing. The vacancy factor in Placer is 1.6%.
- Developers are required to develop a certain percentage for affordable housing. It has been a practice to let developers pay fees in lieu of developing housing.
- There are times when someone is willing to allow their house to be used for residential care or Advocates for Mentally Ill Housing. Because we have a good neighbor policy, education is sometimes needed in the surrounding community.
- David Bartley is working on packet with information for those exiting the Placer County Psychiatric Health Facility (PHF). He would like to brainstorm on outreach for middle aged men, a population he says is committing the highest number of suicides.
- The committee requests Janna Jones to distribute the housing chart to the MHADB.

Board of Supervisor (BOS)-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - No report.

Correspondence and Announcements

- ❖ Theresa Thickers, reported on receipt of the following:
 - The first draft of the annual report was included in your packet.
 - Theresa Thickers would like input by August 5th, so the final draft can be assembled and provided in the MHADB meeting packet on August 15th.

Director's Report

- ❖ Maureen Bauman reported on the following: (*Hard copy distributed*)
 - The No Place Like Home legislation has been passed. The funds will be taken from counties and dedicated to housing.
 - MHSA dollars will be used for security to purchase bonds for housing. The 5% of funding from Placer County is potentially \$600,000.
 - There will be a competitive grant process for housing projects. Some of these funds will be used for supportive services to assist people in staying housed.
 - The legislation to combat opioid overdoses was unanimously approved and was signed by the President.
 - This bill overhauls and improves the grant programs administered by the Department of Justice and are designed to reduce opioid abuse on the law enforcement side.
 - A few of the goals are to train first responders to administer opioid reversal drugs, investigate opioid distribution, find alternatives for incarcerated pregnant women and parents of children who may enter the foster care system.
 - The House passed the Mental Health Bill on July 6, 2016.
 - If approved by the Senate, it will expand Medicaid funding.
 - It allocates money for assisted outpatient treatment and establishes a pilot in 10 states to study Peer Support Services.
 - There won't be a disallowance for same-day treatment for physical and mental health treatment
 - Suicide Prevention Awareness Week is September 5-11, 2016. See Director's Report for links to early prevention tools.
 - There are 45 people in ASOC's Health 360 program.
 - The program's goal is to improve the health of those who are receiving services for serious mental health issues.
 - Participants are walking, jogging, and a few are participating in a 5K race. Some are working on quitting smoking.
 - The Placer County operated medical clinic will be transitioned to Western Sierra Medical Clinic. There are about 4,000 patients needing to be moved to the new clinic. They will also be establishing a satellite office at our Cirby Hills location.

Unfinished Business

- ❖ Recruitment/Visibility (*Standing agenda item*)
 - Lisa Cataldo has been approved by the Placer County BOS.

- ❖ Proposed MHADB Bylaw Amendment [**Action Item**]
 - MHADB members are only approving the proposed bylaws.

Will Dickinson made a motion to approve that the proposed MHADB Bylaws be forwarded for further county review and processing, Sharon Stanners seconded. Motion carried.

New Business

- ❖ Certificate of Appreciation Presented to Will Dickinson
 - Will Dickinson was presented with a certificate of appreciation for his three years of service on the MHADB.

- Will Dickinson shared how humbling it has been to work with such a great staff as well as the other board members and how much everyone has to offer.
- ❖ Vote on Appointment of Sharon Behrens (Family Member) to the MHADB [Action Item]
 - Sharron Behrens shared her history of raising special needs children. She and her daughter travel and do speeches about their story and let people know there are experts and support available.

Sharon Stanners made a motion to accept the appointment of Sharon Behrens to the MHADB, David Bartley seconded. Motion carried.
- ❖ Contract [Action Item]
 - Maureen Bauman provided an overview of the below agreement.
 - FY 2016-17 Performance Agreement with the California Department of Health Care Services.

David Bartley made a motion to recommend the BOS approve the Performance Agreement, Will Dickinson seconded. Motion carried.

Board Member Comments

- ✧ Sharon Stanners shared that volunteers are needed for Recovery Happens. Contact Sharon Stanners if interested.
- ✧ David Bartley acknowledged Will Dickinson and his work on the MHADB.
- ✧ Yvonne Bond agreed with David Bartley and welcomed Sharon Behrens to the MHADB.
- ✧ Theresa Thickens shared information on the Passport to Student Wellness event happening on September 15, 2016.
 - Requested Janna Jones send out a copy of this information.

Public Input

- ✧ No public input.

Adjournment

- The meeting was adjourned at 8:03 p.m.
- Monday, August 8, 2016, at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, August 22, 2016, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board